The **Care Skills** module is designed to equip the learner with the knowledge, skills and competencies necessary to provide care for clients, along with a service that is safe, hygienic and of a high quality standard.

Throughout the course learners will:

* Identify relevant groups of people in need of health care.
* Examine the physical, emotional, social, psychological and spiritual needs of a range of groups of people, taking into account individual variation.
* Identify the hygiene needs of dependent clients.
* Discuss the prevention of pressure sores.
* Demonstrate knowledge of the correct procedures for the cleaning and replacement of a range of patient equipment.
* Adapt levels of assistance to the needs of particular clients.
* Demonstrate a range of interpersonal skills when dealing with clients to include empathy, respect, patience and effective communication skills.
* Exercise initiatives to improve client involvement in social events, outings and occupational therapy and physiotherapy.
* Contribute to the maintenance of safe and hygienic environments for clients to include the safe disposal of soiled linen.
* Assist clients with dressing, grooming, eating, drinking, toileting, continence promotion, mobility and where appropriate, social needs.
* Apply client safety and security procedures to include appropriate on site client care procedures for washing, bathing, showering, positioning, moving and handling.
* Give assistance that enhances the privacy, dignity, independence and positive self-image of clients in care.
* Give assistance to clients in the use of a range of care equipment to include sensory equipment, aids to encourage independence and mechanical aids including mobility aids, feeding aids, washing aids, elimination aids and hoists.
* Report changes in the client's condition to the relevant Supervisor.
* Complete client documentation where appropriate.

**Assessment**

Assignment Brief 1 – 20% & Assignment Brief 2 – 20%

Skills Demonstration – 60%